



## **Terry Fox Run on Confederation Bridge**

### **Sunday, September 21, 2025**

### ***Frequently Asked Questions (FAQ's)***

#### **HISTORY**

The **Terry Fox Run on Confederation Bridge** was introduced in 2005 to mark the 25<sup>th</sup> anniversary of Terry Fox's 1980 Marathon of Hope. That year, over 14,000 Canadians walked the Bridge between Prince Edward Island and New Brunswick. Since then, the Confederation Bridge has hosted Terry Fox Runs in 2010 and 2015, raising approximately \$1 million for cancer research (2020 plans were cancelled due to pandemic restrictions).

The **Terry Fox Run on Confederation Bridge** returns in 2025 to commemorate the 45<sup>th</sup> anniversary of Terry Fox's Marathon of Hope and raise much needed funds for cancer research. Participants of all ages and abilities are invited to take part in the non-competitive event - walking, running, or using wheelchairs or strollers - across Canada's longest bridge.

This 45th anniversary event is made possible through the collaboration of Strait Crossing Bridge Limited, Terry Fox Foundation, and the many volunteers, stakeholders, and friends of this event.

#### **FUNDRAISING**

##### **Is there an Entry Fee to participate?**

No, however, the Terry Fox Run on Confederation Bridge is an event committed to fundraising for essential cancer research. All participants are strongly encouraged to raise funds or personally donate to the cause.

##### **How do I fundraise or donate?**

Register online and follow the "Register and Raise Funds" or "Donate" buttons on the Terry Fox Run on Confederation Bridge event page here: [Terry Fox Run on Confederation Bridge | Terry Fox Run](#)



**How can I contribute if I cannot attend on September 21?**

Fundraise and / or donate here: [Terry Fox Run on Confederation Bridge | Terry Fox Run](#)

## **REGISTRATION**

**Do I need to register to participate? What is the deadline?**

YES! All participants must register online by **Thursday, September 18, 2025**, by midnight Atlantic time. Children under 12 must also be registered and be accompanied by an adult/guardian on Run Day.

Register here: [Terry Fox Run on Confederation Bridge | Terry Fox Run](#)

**Can I register on Run Day (Sunday, September 21, 2025)?**

NO! On-site registration is not permitted.

## **EVENT LOGISTICS**

**Is this a race?**

No. The Terry Fox Run is an accessible, family-friendly event. Individuals of all ages and abilities are welcome. The Terry Fox Run is not a competitive or timed event.

**Do I have to run?**

No. You can walk, run, or participate using a wheelchair or stroller.

**Are strollers and wheelchairs permitted?**

Yes. If stroller can fold and fit in the seat with you on the shuttle, it is permitted. If you are not using the shuttle, your stroller may be any size.

**Will there be a wheelchair shuttle bus?**

Yes.

**What is NOT PERMITTED on the Bridge?**

- No bikes (pedal or electric)
- No scooters



- No roller blades
- No skateboards
- No pets

### What time does the event begin?

Entire Bridge (13.0 km): Official Start 8:00 a.m.  
Shorter distances: 8:15 a.m.

### What time do I need to be finished?

All participants need to clear the Confederation Bridge NO LATER than 12:00 pm. If you are still on the bridge at noon, you will be picked up by the shuttle.

### RUN DAY: ON SITE ARRIVAL, CHECK-IN + PARKING

#### What time does the bridge close to traffic on Run Day (Sunday, September 21, 2025)?

Confederation Bridge will be closed to all traffic from 6:00 a.m. to 1:00 p.m.

**TIP:** If you are travelling from the NB side and wish to park on the PEI side, you must cross the Confederation Bridge before 6:00 a.m.

**TIP:** If you are doing the whole distance of the Bridge, plan to be in your designated parking no later than 7:00 a.m.

#### Do I need to check in on site on Run Day?

**YES!** Check-in starts at 6:00 a.m.

Printed or digital confirmation of Run registration is required at RCMP Checkpoint.

NB RCMP Checkpoint is at the intersection of Route 16 and Immigrant Road

PEI RCMP Checkpoint is in Borden-Carleton

Once you arrive and present your registration confirmation (paper or digital), you will be directed to the appropriate parking areas.



## NB Parking

General Parking is just beyond the RCMP check point and is at two locations:

- 1) Immigrant Road
- 2) Exit 47 off Route 16

Accessible Parking is at the Cape Jourimain Nature Centre, Exit 51 off Route 16, situated at the foot of the bridge. Shuttle service will be available.

## PEI Parking

General Parking is located at various lots in Gateway Village just beyond the RCMP check point. It includes designated *overflow* parking which is at a distance, requiring a shuttle to the staging area.

Accessible Parking is also in Gateway Village at the Confederation Bridge office (104 Abegweit Blvd.) Shuttle service will be available.

Attendants wearing brightly colored vests will be available to assist at these parking locations.

## Shuttle

**TIP:** Plan to complete your Run / Walk on the side of the bridge where your car is parked. You can also plan to complete your event on the PEI side of the bridge to experience the Terry Fox Run on Confederation Bridge celebrations at the Railway Park in Borden-Carleton.

## If your car is parked on the NB Side:

- If you are running, walking or participating via wheelchair the entire bridge, you will proceed to the designated shuttle bus area of your parking area and be taken to the foot of the bridge on the NB side to take a second shuttle across the bridge to the PEI side to start.
- If you are running, walking, or participating via wheelchair a shorter distance and returning to NB, you will proceed to the designated shuttle bus area of your parking area and be taken to the foot of the bridge in NB to start.

## If your car is parked on the PEI Side:

- If you are running, walking, or participating via wheelchair the entire bridge you will proceed to the designated shuttle bus area and be taken to the NB side to start.



- If you are running, walking, or participating via wheelchair a shorter distance and returning to PEI you may proceed to the staging/starting area at the foot of the bridge on the PEI side.

***TIP:*** If you miss the early shuttle, you can still walk out up to the half-way point of the bridge and turn around and return to the province where your car is parked.

### **Shuttle Schedule**

- **Prior to the event:**
  - Shuttles will be starting at approximately 6:00 a.m.
  - Last shuttle crossing is at 7:30 a.m.
- **During the event:**
  - For those parked in NB who finish the Run in NB, shuttles will be available until 3:00 p.m.
  - For those parked in the *overflow* parking in PEI who finish the Run in PEI, shuttles will be available until 3:00 p.m.
- **After the event**
  - For those parked in NB who finish the Run in PEI, shuttles will be available back to NB from 12:30 p.m. to 3:00 p.m.

### **TERRY FOX MERCHANDISE – 45<sup>th</sup> ANNIVERSARY COLLECTION**

Terry Fox Merchandise is available for purchase online at [shop.terryfox.org/](http://shop.terryfox.org/), and will be available on site on Run Day. Choose from our limited-edition t-shirts, books, sweatpants, hoodies, caps, and toques.

Look for the Terry Fox Foundation merchandise tents at the Gateway Village, PEI and at Cape Jourimain Nature Centre, NB.

### **FACILITIES**

**Water:** Water stations will be located at 1, 3, 6.5, 10, 12 kilometre markers. We encourage all participants to use refillable water bottles.

**Washrooms:** Public washrooms (including accessible facilities) will be in the NB parking lot and at the foot of the bridge on each side. Washrooms will also be located near each water station on the bridge as well as in the PEI parking lots, and next to the Confederation Bridge office.



**First Aid:** There will be First Aid stations located at the 1, 3, 6.5, 10, 12 kilometre markers.

### WEATHER ADVISORY

The weather in the Northumberland Strait can be unpredictable. Please check the weather and dress appropriately on Run day.

In the interest of participant safety, if the wind speed is more than 50 km/hour the event will be cancelled. All registered participants will be alerted of event cancellation 24 hours in advance via email and SMS text message.

To register: [Terry Fox Run on Confederation Bridge | Terry Fox Run](#)

To volunteer? [Volunteer with the Terry Fox Foundation](#)

Website: [Terry Fox Run on Confederation Bridge - Terry Fox Foundation](#)

Further questions? Email: [confederationbridge@terryfox.org](mailto:confederationbridge@terryfox.org)