



**THE TERRY FOX
FOUNDATION**

Terry Fox

Information Booklet



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Terry's Letter: October, 1979

The night before my amputation, my former basketball coach brought me a magazine with an article on an amputee who ran in the New York Marathon. It was then I decided to meet this new challenge head on and not only overcome my disability, but conquer it in such a way that I could never look back and say it disabled me.

But I soon realized that that would only be half my quest, for as I went through the 16 months of the physically and emotionally draining ordeal of chemotherapy, I was rudely awakened by the feelings that surrounded and coursed through the cancer clinic. There were faces with the brave smiles and the ones who had given up smiling. There were feelings of hopeful denial and the feelings of despair. My quest would not be a selfish one. I could not leave knowing these faces and feelings would still exist, even though I would be set free from mine. Somewhere the hurting must stop...and I was determined to take myself to the limit for this cause.

From the beginning the going was extremely difficult, and I was facing chronic ailments foreign to runners with two legs in addition to the common physical strains felt by all dedicated athletes.

But these problems are now behind me, as I have either out-persisted or learned to deal with them. I feel strong not only physically, but more important, emotionally. Soon I will be adding one full mile a week, and coupled with the weight training I have been doing, by next April I will be ready to achieve something that for me was once only a distant dream reserved for the world of miracles – to run across Canada to raise money for the fight against cancer.

The running I can do, even if I have to crawl every last mile. We need your help. The people in cancer clinics all over the world need people who believe in miracles.

I am not a dreamer, and I am not saying that this will initiate any kind of definitive answer or cure to cancer. But I believe in miracles. I have to.

Terry Fox, October 1979

Honours

September 18, 1980 - Governor General Edward Schreyer presents Terry Fox with the **Companion of the Order of Canada**. He is the youngest recipient of the award.

December 18, 1980 - Sports editors present Terry with the **Lou Marsh Award** for his outstanding athletic accomplishment.

December 23, 1980 - The editors of Canadian Press member newspapers and the radio and television stations vote Terry, **Canadian of the Year**.

June 6, 1981 - Simon Fraser University awards Terry the first annual **Terry Fox Gold Medal**. It is awarded annually to a student showing courage in the face of adversity, as exemplified by Terry Fox, himself, a former student of the university.

July 17, 1981 - British Columbia designates a 2,639-metre (8,658-foot) peak in the Rocky Mountains as **Mount Terry Fox**.

July 30, 1981 - The 83-kilometre (52-mile) section of the Trans-Canada Highway, between Thunder Bay and Nipigon, is re-named **Terry Fox Courage Highway**.

July 30, 1981 - The Canadian government creates a \$5 million endowment fund to provide scholarships each year called the **Terry Fox Humanitarian Award**.

August 29, 1981 - Terry is inducted into the **Canadian Sports Hall of Fame**.

April 13, 1982/Jan 17, 2000 - A **Terry Fox Stamp** is issued by Canada Post; prior to this no commemorative stamp had been issued until 10 years after the death of the honouree.

June 26, 1982 - The **Thunder Bay Monument**, a 2.7-metre (9-foot) bronze statue of Terry, is unveiled at Terry Fox Lookout west of Thunder Bay, Ontario. It is re-dedicated in Ottawa in 1998 and is part of the **Path of Heroes**.

July 1, 1998 - The **Terry Fox Monument** is re-dedicated in Ottawa, ON and is now part of the 'Path of Heroes'.

March 14, 2005 - The **Terry Fox one dollar coin** is unveiled. Terry is the first Canadian to be featured on a circulation coin.

April 12, 2005 - **"Terry"**, a pictorial book by Doug Coupland, debuts at #1 on the Canadian bestseller list.

September, 2005 - **Terry Fox statues** in Port Coquitlam, Victoria, and Prince George, British Columbia are unveiled.

September 11, 2005 - **"Terry"** A new TV movie airs with an audience of 1.6 million.

October 29, 2007 - The **Terry Fox Research Institute** is launched, combining the clinical knowledge of cancer physicians with advanced laboratory expertise.

February 27, 2010 - The 2010 Vancouver Olympic Organizing Committee creates the **Terry Fox Award**, presented to an athlete who embodies the values that Terry did, showing determination and humility in the face of obstacles.

September 10, 2010 - Canadian basketball star Steve Nash directed **"Into the Wind,"** an installment of ESPN's "30 for 30" series. ESPN donated more than 10,000 copies to Canadians schools.

September 16, 2011 - A new **Terry Fox Memorial** is unveiled at BC Place in Vancouver. The memorial consists of four individual sculptures created by artist, Douglas Coupland.

March 28, 2012 - The **Canadian Medical Hall of Fame** inducts Terry, recognized as a "builder" for his work to raise money for cancer research. Terry is the youngest-ever inductee into the CMHF and the first whose achievements were non-professional.

April 12, 2012 - A new bronze sculpture, depicting the moment Terry began his journey by dipping his artificial leg into the ocean, marking **Mile 0**, was dedicated in St. John's, NL.

March 18, 2014 - Terry's image is included in Canada's new **ePassport**.

Lasting Words

BY TERRY

"Some people can't figure out what I'm doing. It's not a walk-hop, it's not a trot, it's running, or as close as I can get to running, and it's harder than doing it on two legs. It makes me mad when people call this a walk. If I was walking it wouldn't be anything." **JUNE, 1980**

"One thing about Doug is I knew I could depend on him. When he gave his word, you knew he would stick by it. I knew he was somebody who would not give up. We'd been friends for a long, long time." **WINTER, 1980**

"Our privacy is starting to be invaded and we can't get anything done. I'm happy with the fundraising but upset we don't have time to meet with people." **APRIL 25, 1980**

"I bet some of you feel sorry for me. Well don't. Having an artificial leg has its advantages. I've broken my right knee many times and it doesn't hurt a bit." **MAY 1, 1980**

"It almost hurts me to walk down a road and have people grab my hand and ask for my autograph and not sit and talk. When I'm finished I'm not going to be on the front page, but I'm going to be just as happy without the publicity." **JULY 11, 1980**

"Maybe that's why I've made it as far as I have - 2,521 miles (4,057 kilometres). If I ran to a doctor every time I got a little cyst or abrasion I'd still be in Nova Scotia. Or else I'd never have started. I've seen people in so much pain. The little bit of pain I'm going through is nothing. They can't shut it off, and I can't shut down every time I feel a little sore." **JULY 29, 1980**

ABOUT TERRY

"I remember Terry saying it is almost like this has been planned for a greater purpose." **TERRY'S BEST FRIEND AND THE DRIVER OF THE VAN, DOUG ALWARD**

"What was it that made Terry Fox so very important to us? Well to me, he embodied the best of the Canadian spirit. We are a generous people, fair-minded, not stridently patriotic, but deeply proud of our country. And we're courageous, when we have to be - just like him." **NEWS ANCHOR, LLOYD ROBERTSON**

"We will ask every city and town across Canada to join in on the same day so that you will be running in our hearts and minds every year until the battle is won. Your courage and determination are an inspiration to us all." **TERRY FOX RUN FOUNDER, ISADORE SHARP**

"Well Terry, you met every struggle in life head-on. You always kept the principle in mind that to be successful, you had to believe in something, really believe in what you were trying to do, setting goals and then working as hard as humanly possible. You left us a great deal to think about Terry. You always loved the challenge. You always loved to battle, so I know Terry you'd want us to keep the battle on. You've passed the torch to all of us, to keep the fight against cancer on and Terry, we will not let you down." **EULOGY BY TERRY'S FORMER BASKETBALL COACH, BOB MCGILL**

The Marathon of Hope

St John's, NL - April 12:

0 mile, 0 km.

Terry Fox dips his artificial leg into the Atlantic Ocean and sets out on his Marathon of Hope.

Gander, NL - April 21:

215 miles, 346 km.

"It was an exciting day in Gambo. People came and lined up and gave me ten, twenty bucks just like that. And that's when I knew that the Run had unlimited potential."

South Brook Junction, NL - Day 15:

337 miles, 542 km.

"Today we got up at 4:00 am. As usual, it was tough. If I died, I would die happy because I was doing what I wanted to do. How many people could say that? I went out and did fifteen push-ups on the road and took off. I want to set an example that will never be forgotten."



Port-Aux-Basques, NL - May 6:

548 miles, 882 km.

Port-Aux-Basques, population 10,000, raised \$10,000, equal to one dollar per person. Several weeks after Terry left Newfoundland, he found out that this total increased by another \$4,000.

Sheet Harbour, NS - May 15:

794 miles, 1,278 km.

After a reception where Terry ran with some school children, he wrote: "When I ran with the kids I really burned it just to show them how fast I could go. They were tired and puffing. All right!"

Dartmouth, NS - May 20:

916 miles, 1,474 km.

"I ran to the vocational school here with fifty students. They had raised about \$3,000. What a great group of kids! Too bad not everybody was doing that."

Charlottetown, PEI - May 26:

1,074 miles, 1,728 km.

"There were lots of people out to cheer me on and support me. Incredible! ... I had another dizzy spell during the Run. Still freezing, but I wasn't wearing sweats so people could see my leg. I'd run just over twenty-eight miles."

Highway 2, west of Moncton, NB - May 29:

1,159 miles, 1,865 km.

"We learned that Saint John would have nothing organized for us. I try so hard and then get let down. I am going to run right down this city's main street. Doug is going to follow behind and honk. We will be rebels, we will stir up noise. People will know Terry Fox ran out of his way to Saint John for a reason!"

Bristol, NB - June 6:

1,376 miles, 2,214 km.

"The first few miles were the usual torture. My foot was blistered bad, but my stump wasn't too bad. Today I had tremendous support. Everybody honked and waved. People all over looked out of their homes and stores and cheered me on."

Highway 185, QC - June 11:

1,508 miles, 2,426 km.

"The wind howled again all day. Right in my face. It was very difficult constantly running into the wind. It zaps it right out of your body and head."

Quebec City, QC - June 15:

1,655 miles, 2,663 km.

Terry is honoured by meeting Gérard Côté, four-time Boston Marathon winner and is featured on the front page of the French language daily Le Soleil.

Montreal, QC - June 23:

1,813 miles, 2,917 km.

Terry ran into Montreal with Montreal Alouette kicker Don Sweet and four wheelchair athletes.

Hawkesbury, ON - June 28:

1,883 miles, 3,030 km.

Terry was welcomed to Ontario by a crowd of 200 and thousands of balloons which read: **WELCOME TERRY. YOU CAN DO IT.**

Just outside of Ottawa, ON:

1,935 miles, 3,113 km.

"...everybody seems to have given up hope of trying. I haven't. It isn't easy and it isn't supposed to be, but I'm accomplishing something. How many people give up a lot to do something good?"

1980: A Year To Remember

Ottawa, ON - July 1: **1,941 miles, 3,123 km.**

Terry kicked the opening ball of a CFL exhibition game between Ottawa and Saskatchewan. He received a standing ovation from a crowd of over 16,000 as he kicked the ball with his good leg.

Pickering, ON - July 9: **2,168 miles, 3,488 km.**

John and Edna Neale waited hours for Terry to pass by. When they finally saw him, they said, "He was just what was needed to give us a little pride in our own people, the same kind Americans have in abundance."

Scarborough Civic Centre, ON - July 10: **2,180 miles, 3,508 km.**

Terry told several thousand people that his fame was not meant to be of the Run, he wasn't interested in wealth or notoriety, and that he was just a guy running across the country to collect money for cancer research. He also said that the Marathon had to continue even without him.

Toronto, ON - July 11: **2,190 miles, 3,523 km.**

Terry meets his hockey idol Darryl Sittler who gave Terry his 1980 NHL all-star team sweater. Darryl said, "I've been around athletes a long time and I've never seen any with his courage and stamina." One on-looker commented, "He makes you believe in the human race again."

Hamilton, ON - July 14: **2,251 miles, 3,622 km.**

Terry was mobbed by teenagers and women after he spoke at the Royal Botanical Gardens and raised \$4,500. As well, 1960 Canadian Marathon Champion, Gord Dickson, gave Terry his gold medal, saying, "The young fellow was running the greatest race of all."

Gravenhurst, ON - July 28: **2,581 miles, 4,153 km.**

Terry celebrated his 22nd birthday along with 2,000 other people at the Gravenhurst Civic Centre. One of his gifts was a new artificial limb. The community of 8,000 people raised \$14,000.

Sudbury, ON - August 4: **2,753 miles, 4,430 km.**

Terry reaches his halfway point, although for the next 400 miles (644 km) the people living on the route call their own homes the halfway point. It is discovered that the odometer had a 4% error, and Terry had actually Run an additional 65 miles (105 km)!

Sault Ste. Marie, ON - August 12: **2,906 miles; 4,675 km.**

When a Sault Ste Marie radio station broadcast that a spring had snapped in Terry's artificial limb, a welder jumped in his car to make a road call. In 90 minutes, the spring was repaired and Terry was on the road again.

Terrace Bay, ON - August 27: **3,208 miles, 5,153 km.**

Terry meets up with 10-year-old Greg Scott of Welland, who had also lost his leg to bone cancer. "Greg rode his bike behind me for about six miles (10 km) and it has to be the most inspirational moment I have had! At night we had a beautiful reception in Terrace Bay. I spoke about Greg and couldn't hold back the emotion."

Thunder Bay, ON - September 1: **3,339 miles, 5,374 km.**

"People were still lining the road saying to me, 'Keep going, don't give up, you can do it, you can make it, we're all behind you.' Well, you don't hear that and have it go in one ear and out the other, for me anyways... There was a camera crew waiting at the three-quarter mile point to film me. I don't think they even realized that they filmed my last mile. People were still saying, 'You can make it all the way, Terry'. I started to think about those comments in that mile, too. Yeah, I thought, this might be my last one."



Thunder Bay, ON:

"That's the thing about cancer. I'm not the only one, it happens all the time to people. I'm not special. This just intensifies what I did. It gives it more meaning. It'll inspire more people. I just wish people would realize that anything's possible if you try. When I started this Run, I said that if we all gave one dollar, we'd have \$24 million for cancer research, and I don't care, man, there's no reason that isn't possible. No reason."

Important Dates In Terry's Life And Legacy



July 28, 1958 - Terrance Stanley Fox is born in Winnipeg, MB. In 1968, the Fox family settles in Port Coquitlam, BC.

Grade 8: 1972 - Terry's Phys Ed teacher Bob McGill at Mary Hill JHS suggests he participate in cross-country running. Terry has little interest in this sport but nevertheless works hard at it to please his coach who he highly respects.

Grade 12: 1976 - Terry and his best friend Doug Alward share the Athlete of the Year Award at Port Coquitlam High School. Terry would soon discover just how good a friend Doug is in a few years.

September, 1976 - Terry enrolls at Simon Fraser University, studies kinesiology and tries out for the junior varsity basketball team. March 9, 1977 - Terry goes to a doctor complaining of a pain in his right knee. Tests discover that he has osteogenic sarcoma, a rare bone cancer. Within days, his leg is amputated six inches above the knee. Shortly after the operation, Terry practices walking on an artificial limb.

Summer 1977 - Rick Hansen invites Terry to join the wheelchair-basketball team, the Cable Cars.

February 1979 - Terry wants to help find a cure for cancer and starts training for his Marathon of Hope, a cross Canada run to raise money for research. He runs over 5,000 kilometres (3,107 miles) in training.

Labour Day weekend: 1979 - Terry competes in a 27-kilometre (17-mile) race in Prince George, BC. He finishes last at 3 hours and 9 minutes but was greeted at the finish line to a chorus of cheers.

October 15, 1979 - Terry writes to the Canadian Cancer Society to support his run (see previous page). Doug accepts Terry's invitation to accompany him on his journey.

April 12, 1980 - St John's, Newfoundland: Terry dips his artificial leg into the Atlantic Ocean and begins his journey, running an average of 42 kilometres a day (26 miles). During his run, Terry meets Canadians from all walks of life – from politicians and famous athletes to people greeting him at the side of the road.

September 1, 1980 - After 143 days and 5,374 kms (3,339 miles) Terry is forced to stop running outside of Thunder Bay, Ontario; his primary cancer has spread to his lungs. Before returning to BC for treatment Terry said, "I'm gonna do my very best. I'll fight. I promise I won't give up."

September 2, 1980 - Isadore Sharp, Chairman and CEO of Four Seasons Hotels and Resorts, informs the Fox family that a fundraising run that would be held every year in Terry's name. He writes, "You started it. We will not rest until your dream to find a cure for cancer is realized."

September 9, 1980 - The CTV network organizes a star-studded telethon, lasting five hours and raising \$10 million. Terry watches the event from his hospital room but falls asleep before the end, exhausted from his cancer treatment.

February 1, 1981 - Terry's dream of raising \$1 from every Canadian to fight cancer is realized. The national population reaches 24.1 million; the Terry Fox Marathon of Hope fund totals \$24.17 million.

June 28, 1981 - After ongoing treatment with chemotherapy and interferon, Terry dies at Royal Columbian Hospital – one month short of his 23rd birthday. An entire nation mourns his death as tributes from around the world pour in.

September 13, 1981 - The first Terry Fox Run is held at more than 760 sites in Canada and around the world, attracting 300,000 participants and raising \$3.5 million.

May 26, 1988 - The Terry Fox Run becomes a Trust, independent of the Canadian Cancer Society and becomes known as The Terry Fox Foundation.

April 12 – September, 2005 - The 25th Anniversary of Terry's Marathon of Hope brought about several remarkable events and fundraisers. The Canadian Mint launched the Terry Fox \$1 coin, Canadian author Douglas Coupland released the book "Terry", Maxine Trottier published the children's book "A Story of Hope" and CTV produced the motion picture "Terry". Over 14,000 Canadians walked the Confederation Bridge between PEI and New Brunswick as a Terry Fox Run. More than 3 million students and educators took part in the first National School Run Day. More than \$45 million, a record amount, was raised in 2005.

October 29, 2007 - The Terry Fox Research Institute is launched, combining the clinical knowledge of cancer physicians with advanced laboratory expertise of scientific researchers, overcoming barriers of discipline and geography.

April 12, 2015 - The Foundation announces that total fundraising efforts for cancer research reach the \$700 million mark.

The Legacy Of Terry Fox

By Leslie Scrivener, The Toronto Star

I was a young reporter at The Toronto Star, when my editor asked me to find a young man named Terry Fox – he was somewhere in Newfoundland. She told me that Terry had lost a leg to cancer and was trying to run across Canada to raise money for cancer research. “See if he’s for real,” she said. By mid afternoon, I was speaking to Terry Fox.

His voice was young, hopeful, and happy as he told me about his Marathon of Hope. His dream was to run 8,530 kilometres (5,300 miles) across Canada and raise maybe \$1 million to fight the disease that had claimed his leg. It was April, 1980 and Newfoundland weather was harsh and unpredictable. He told me about being buffeted by high winds and freezing rain. His good leg was strong and muscular, and his artificial leg was made of fibreglass and steel. It was painfully difficult, but he was cheery and confident and at the end of our interview I was certain he was unstoppable.

He also made sure I understood one more thing: he didn’t think of himself as disabled. After that, we spoke every week, and I learned he was from Port Coquitlam, BC, he was the second of four children, and his parents were Betty and Rolly. His family was close, hardworking and competitive.



Terry wanted to play basketball when he was in grade eight, and despite his small size, his phys-ed teacher Bob noticed the “little guy who worked his rear off.” After three practices Bob suggested Terry should try another sport, but Terry persisted, and finally made the team. When Bob said: “If you want something you have to work for it, because I’m not interested in mediocrity.” Terry heard him.

So Terry worked hard, and by grade 10, he and his friend Doug shared the Athlete of the Year award, winning it again in their last year of high school. At Simon Fraser University, he made the junior varsity basketball team – there were more talented players, but none with a greater desire to win.

Terry was studying kinesiology and thinking of being a phys-ed teacher, when a pain in his knee he assumed was a sports injury sent him to the doctor. But it wasn’t a sports injury. To his great shock, Terry learned he was suffering from osteogenic sarcoma, a rare bone cancer. It was March 1977 and he was 18 years old. He hardly understood what the doctors told him. What

was a malignant tumour? They explained they would amputate his leg and follow up with chemotherapy to catch any stray cancer cells in his blood. The night before his operation, his basketball coach brought him a story about a one legged runner who competed in the Boston Marathon. Already Terry began to wonder, could he do something like that, maybe even run across Canada, with one leg?

Terry faced the loss of a leg as another challenge. “No one is ever going to call me a quitter,” he said. He learned to wear his artificial leg, played golf with his Dad and began a gruelling sixteen-month course of chemotherapy. He lost his hair and was weak from nausea. In the cancer clinic, he heard young people crying out in pain; he heard doctors telling patients they had a 15 per cent chance of surviving.

When Terry left the clinic, he was more than a survivor; he had a new sense of compassion and responsibility. His hair grew back thick and curly. He’d been blessed with life, the greatest gift of all, and he was determined to live as an inspiration, that others might find courage from his example. While still undergoing chemotherapy, Rick Hansen recruited him to join a wheelchair basketball team. And then secretly, quietly, in 1979, he began training for his great dream – running across Canada.

He started with a short run around a cinder track. It nearly killed him, but then he did a bit more, and then amazingly, a week later he ran 1.6 kilometres (one mile). He was drained, but ecstatic. Terry ran and he ran and he ran. Sometimes the stump on his leg bled and his mother, rarely at a loss for words, would bite her lip and turn away in tears. Betty and Rolly weren’t happy with his plan to run across Canada, but they knew too well his stubborn will. In a letter he wrote when he began seeking sponsorship, he said he felt privileged to be alive. He said: “I remember promising myself, that should I live, I would rise up to meet this new challenge face to face, and prove myself worthy of life, something too many people take for granted.”

With a handful of sponsors and a donated camper van driven by his best friend Doug, Terry began his Marathon of Hope. On April 12, 1980 he gazed for a moment out over the harbour in St John’s, Newfoundland, dipped his artificial leg in water, turned, and started running.

Terry ran through the Atlantic Provinces, then through Quebec and Ontario, incredibly averaging a marathon – 42 kilometres (26 miles) – every single day. Once in his diary he described his running as “the usual torture”.

And all of Canada fell in love with him along the way. Creating images that will stay in our hearts forever, in sun, and rain and early morning mist, Terry’s familiar lopsided gait took him through cities, towns and villages, and day-by-day his fame grew. There was something in his good nature, his simple words, sunburnt good looks, his astonishing strength and the greatness of his dream that brought many who saw him to tears and admiration. He wanted to run, but believing that advances in research had saved his life, he was also determined to raise money for research. And so he often stopped along the way, and standing on picnic tables, talked to crowds, kids, and reporters, even then Prime Minister, Pierre Trudeau. He’d visit schools and take off his artificial leg and show the children how it worked. As the kilometres passed, people began calling him a Canadian hero. He didn’t like that; still seeing himself as just an ordinary person, even though hundreds, sometimes thousands of people would wait to see him

pass on the highways or at city halls, acknowledging his courage, and cheering him on in accomplishing his dream.

And so it went that glorious summer of 1980 – he ran 5,374 kilometres (3,339 miles) in 143 days. And then, on September 1st, 11 kilometres (seven miles) outside Thunder Bay, Ontario, something felt terribly wrong in his chest. The pains were so bad, he wondered if he was having a heart attack, but whatever it was, he needed to see a doctor. The doctor confirmed his worst fears – the cancer was back, this time in his lungs. Terry had run his last mile – The Marathon of Hope – was over. Or so it seemed.

He was flown home the next day lying on a stretcher, with his parents Betty and Rolly at his side. He’d raised \$1.7 million dollars. And then, despite the sorrow felt by Canadians everywhere, something wonderful happened. As he lay in a hospital bed with the cancer fighting drugs flowing silently into his body, the whole country went crazy raising money for cancer research – just as he hoped it would. Terry bravely fought the disease another 10 months. And all of Canada fought with him. Once while watching a hockey game on TV, he saw a banner that read: KEEP ON FIGHTING, TERRY FOX! strung along the stands. Despite the prayers of thousands, he died just before dawn on June 28, 1981, his family at his side. But before he died, he knew he had realized his dream; \$24.17 million had been raised in his name – a dollar from every Canadian.

Canada was plunged into mourning. Flags flew at half-mast, condolences came from around the world, and Prime Minister Pierre Trudeau personally paid him tribute in the House of Commons. But the legacy of Terry Fox didn’t end here. In 2000, the twentieth anniversary of his Marathon of Hope, The Terry Fox Foundation raised \$20 million. And in total, since Terry first dipped his leg in St John’s Harbour, over \$550 million dollars has been raised in Terry’s name. Terry became the youngest recipient of The Order of Canada, our nation’s highest civilian honour.



Just outside Thunder Bay, a section of the Trans-Canada Highway has been re-named The Terry Fox Courage Highway. Along it on a hill overlooking Lake Superior near the spot where he was forced to stop, stands a nine-foot bronze statue of Terry in running stance, facing towards his western home. Terry inspired and united an entire generation of Canadians and so the monument was designed, joining east with west, proudly displaying all provincial and territorial coats-of-arms, and the Canadian emblems of the Maple Leaf and Beaver.

And, in September of every year, Terry Fox Runs are held across Canada and in countries around the world, so that his dream now spans the world.

